

# My Safety Words

## 1. Background

### Read this first

Our safety language has a significant impact on how we feel and how we behave. When someone asks you to describe safety what words comes to mind? Do you talk about family friends, relationships or is it about equipment, processes and systems?

The way we describe safety has a direct impact on the way we think, our behaviours, and the results we achieve. More than this, do your words represent rushing, pressure and overconfidence, or trust, engagement, and kindness?

## 2. Activity

### Do these after providing background

- 1 Ask participants to have a conversation with the person next to them about what safety means to them. (If they have a phone, then they can use photos as well)
- 2 Ask them to identify what words come to mind when they share their stories and experiences.
- 3 Sharing ideas:
  - As a team, ask participants what are some of the words they associated with safety?
  - If you have some white space or an area you can write your ideas, write these down and share them with the team. Alternatively write the words down on the supplied A3 poster.
  - As a team, vote on the top 3 words that you all agree on and enter these into the supplied online platform. You can access this by scanning the QR code to the right. ----->
  - Each week reflect on the 3 words you have written down and why these are important to your team.

#### Notes for activities

Ask one volunteer to be the scribe for the group and write responses on the A3 provided (or white space/notebook in the case of smaller or virtual groups).

At the end of the discussion take a photo of the responses and post on Yammer, with the hash tag #mysafetywords.

The words collected from each team will be utilised to help with identifying what safety means to us. These details will be shared across the business.

## 3. Key Points

- People are the heart of safety.
- My Safety Words is about associating why safety is important to us and how we communicate this with each other.
- The safety words we use, influence our decisions, behaviours and results.
- As a team we need to help each other on how we communicate safety.

### Notes

In this area record feedback from the group, activities that worked well, key themes.



Use the camera on your phone to scan this QR code to enter your top 3 words.



#### To be completed:

This activity is to be completed during May 2022

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