

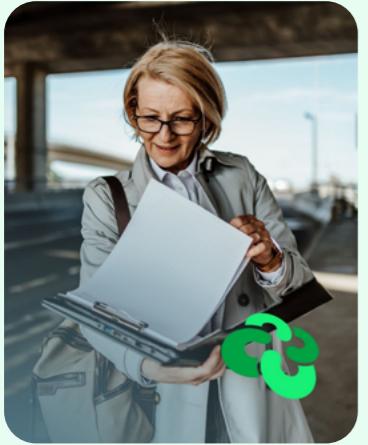
2026 Wellbeing Calendar



Scan the QR code for
additional resources on the
online calendar

Converge
Care Anytime Anywhere

January



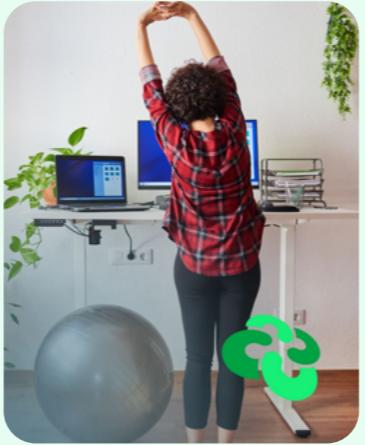
February



March



April



May



June



THEME

Back to Life

THEME
Healthy Habits

THEME
Inclusivity

THEME
Healthy Workplaces

THEME
Relationships

THEME
Pride

July



THEME

Financial Wellbeing

August



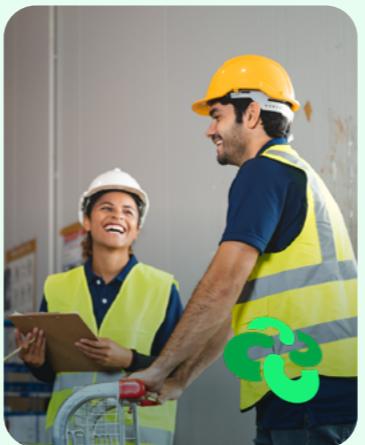
THEME
Leadership

September



THEME
Are you okay?

October



THEME

Mental Health & Safety **THEME** **Kindness**

November



THEME

December



THEME
Holiday Season