

CAREER ASSIST

Building mental fitness. Together.

Career Assist is your independent and impartial advice service, providing access to expert support across key areas for people looking to achieve their career aspirations.

CONVERGE INTERNATIONAL

The Converge International Employee Assistance Program (EAP) is there to support you to navigate the changing world of work and to identify and achieve your career goals.

OUR SERVICES

Career Assist is provided independently from The Australia Post Group.

Our Employee Assistance Programs are focused on providing you with support across workplace and personal issues through short-term career focused counselling, coaching and advice.

Your consultant is focused on supporting you to make informed decisions and to prepare for the next stage of your career. Career Assist is there for you when:

- You are looking for clarity around your next career step and would like impartial support around identifying future job options and opportunities
- You are experiencing major change in your personal or professional life and this is leading you to rethink career goals and priorities
- You would benefit from speaking with an independent person about your current or future career plans

OUR CONSULTANTS

- Focus on equipping you with the practical skills and support you need to take the next steps in your career.
- Gain the knowledge and confidence to grow in your career through promotion at work or finding a new opportunity
- Get clarity around your career objectives and goals
- Develop, and stick to, an individualised plan that will guide the next steps in your career

EMPLOYEE ASSISTANCE PROGRAM

The Australia Post Group offers an independent Employee Assistance Program.

Your Employee Assistance Program is:

A confidential service

Available to all employees

Available for up to 6 sessions per issue

Details of your discussion will not be shared with your manager or your workplace. You can read our Privacy Policy on our website.

CONTACT US

To make an appointment to speak with a Converge International EAP counsellor:



1300 OUR EAP
(1300 687 327)



Visit www.convergeinternational.com.au and click on Contact Us to access our Live Chat service.



Download our **EAP Connect** App and connect with us through the Appointment icon

More Information

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