

CONFLICT ASSIST

Building mental fitness. Together.

Conflict Assist is an impartial advisory service, providing access to an independent and skilled consultant who can help your colleagues and teams get back to collaborating and working effectively

CONVERGE INTERNATIONAL

The Converge International Employee Assistance Program (EAP) is there to support managers and employees who are dealing with the impacts of conflict at work.

OUR SERVICES

Conflict Assist is provided independently from The Australia Post Group.

Every organisation and every working relationship has the potential to be affected by and disrupted by conflicts, disagreements and relationship breakdowns. The impacts of conflict on mental fitness are real. Conflicts often begin as small issues that have the potential to develop into dislike, distrust and broken relationships that affect employee wellness and productivity.

OUR COUNSELLORS

- Working with you to get back to a harmonious workplace focused on successful and productive teams
- Building stronger, more supportive relationships to positively address disagreements before they lead to open conflict
- Learning to identify the behaviours and situations that lead to conflict
- Being a part of a process to find common ground and play a role in working towards creating a more open, collaborative and supportive environment
- Our extensive conflict resolution service is focused on minimising the mental and emotional impacts of disagreement
- Working with you to resolve conflict within your workplace and personal life

EMPLOYEE ASSISTANCE PROGRAM

The Australia Post Group offers an independent Employee Assistance Program.

Your Employee Assistance Program is:

A confidential service

Available to all employees

Available for up to 6 sessions per issue

Details of your discussion will not be shared with your manager or your workplace. You can read our Privacy Policy on our website.

CONTACT US

Access support. Make your appointment to speak with an experienced professional with extensive experience across mediation, team dynamics and conflict coaching.



1300 OUR EAP
(1300 687 327)



Visit **www.convergeinternational.com.au** and click on Contact Us to access our Live Chat service.



Download our **EAP Connect** App and connect with us through the Appointment icon



More Information

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